



The Week of Prayer

VERY soon we shall be ushered into another annual Week of Prayer season. These occasions come round very quickly; they seem to follow each other in rapid succession. Just how many more Week of Prayer periods we shall have before the work is finished we cannot tell. All we know is that the signs all around us show clearly that the coming of the Lord is very near at hand. We should cherish the opportunities that these seasons of prayer afford, and seek to enter into a closer relationship with the Lord by a deeper consecration of our lives to His service.

We are living in days of remarkable opportunity. There never was a time when so many calls kept pressing in from all parts of the globe, when so many urgent and pathetic appeals were made to the people of God. Doors are flung open on every hand, and the way is certainly prepared for the messengers of peace to go to earth's remotest bounds with the saving Gospel of mercy. But while this time offers remarkable opportunities, it is also a time of great perplexity. We have entered a period of industrial depression, and in most countries there is a real financial crisis, yet notwithstanding these conditions, the calls from the home fields and the calls from the mission fields are larger and more insistent than ever before. We all feel that the time

has come to do a larger work, a time when more help must be given in both men and means to grapple with the gigantic problems and the wonderful opportunities there are at this time. Yet at such a time as this, when we have an open door before us, we are handicapped from the human standpoint by a shortage of funds. It is no easy task to-day for committees to adjust their appropriations to the tremendous needs that loom up before them. At such a time as this, we need ever to remember that "There is no crisis with God." A number of years ago we were told, "We have warnings now which we may give, a work now which we may do; but soon it will be more difficult than we can imagine."—*Testimonies*, Vol. 6, page 22.

"The work which the church has failed to do in a time of peace and prosperity, she will have to do in a terrible crisis, under most discouraging, forbidding circumstances."—*Id.*, Vol. 5, page 463.

Again, "We are on the very verge of the time of trouble, and perplexities that are scarcely dreamed of are before us."—*Id.*, Vol. 9, page 43.

We are seeing the fulfilment of these words to-day, but yet this is not a time for discouragement. This is no time for losing our confidence. On the other hand, it is a time when we should buckle on the armour, and face the task with unflinching

COMING SHORTLY

THIS MIGHTY HOUR!

The Message of These Stirring Times

By A. S. MAXWELL

416 PAGES

FURTHER PARTICULARS IN NEXT ISSUE

courage. We read: "At this time—a time of overwhelming iniquity—a new life, coming from the source of all life, is to take possession of those who have the love of God in their hearts, and they are to go forth and proclaim with power the message of a crucified and risen Saviour."—*Id.*, Vol. 9, page 44.

During this Week of Prayer season shall we not seek, as workers and believers in the Advent message, to enter into a closer fellowship with God? Shall we not lay our plans for this period of devotion at an early date? Let us pray that God may visit His people in a special way this year. Let us all plead with the Lord that this week may be a time of great spiritual blessing, a time when showers of blessing shall come to us all from the presence of the Lord.

This Week of Prayer should be a time of deep heart searching, a time when we should take a look within, a time when we should examine our own hearts. It is so easy to examine others, but this we are not commissioned to do. We are exhorted to examine ourselves. Let us do this in a spirit of contrition and true repentance, and pray that the Lord may lead us into a deeper understanding of the things of God.

Let us seek God for a new passion for souls. It was this earnest longing for the salvation of the lost which brought such wonderful results in the early days. When God saw the early believers with such a deep longing in their hearts for the salvation of men and women He poured out the gift of the Holy Spirit in wonderful measure. The Lord stands ready to do the same for us to-day as we seek Him. In view of the difficult time to which we have come, and the feeble resources which we have at our command, shall we not seek God for a larger faith, a faith that will lay hold of Heaven's resources? There is such a danger of trusting to appropriations, trusting to what man can give. We need ever to recognize, as a people, that the great God of heaven is the author of this movement, that He is leading this people, and leading them on to victory. Appropriations are good, men are necessary to the work of God, but the triumph of this work lies deeper than material resources. It is not by might, nor by power, "but by My Spirit, saith the Lord." Our great need, as God's people to-day, is a mighty outpouring of the Holy Spirit. For this we should all earnestly plead. Shall we not do this during the Week of Prayer season?

Again, what a privilege we have in bringing our gifts to the Lord, of rendering our thank-offering to Him. Let us determine to make the offering this year the largest we have ever had. Shall we not also seek the Lord for more Christlikeness of character? After all, this is the fruit of true godliness. If we grow in grace, if we grow in love, in kindness, and become more like Jesus in our dealings with each other and our fellow-men, then we shall be revealing the power of the Christ life in our experience. May this Week of Prayer be a time of real spiritual power and blessing to us all.

W. E. READ.

Notes from the Union President

WE are very glad to report that the autumn efforts which have begun in several parts of the field have opened so encouragingly. Brother King commenced at Barry, and at the opening meeting over 600 people were present. The hall was filled to its utmost capacity, quite a number of people standing throughout the service. Many were not able to gain admittance. The police actually had to restrain them from entering, feeling that it was unsafe to have too many crowded into the hall. Brother King writes: "We had a splendid meeting. Quite the best first night I have ever had—we were rewarded beyond our fondest dreams."

THE meetings in Risca, not far from Newport, are also continuing in a very encouraging way. Brother Murdoch has charge of the work there, and already over 300 names are on his list. The meetings are well attended, and the prospects are good.

REPORTS are coming in from other parts of the field also, and it seems as though the difficult times upon which we have entered, and the fact that we have a message that meets the need of this particular hour, are making a solemn appeal to the hearts of many people. We are glad that this is so. It is as the Word of God has foretold, that when the judgments of God are in the earth the inhabitants will learn righteousness. Let us pray that God may abundantly bless our ministers and Bible-workers as they lead out in their efforts this winter. Pray that there may also be an abundant fruitage in souls won to the kingdom of God.

RECENT word was received from the Secretary of the General Conference, giving very interesting data concerning the statistical report rendered at the recent Autumn Council at Battle Creek. Brother Kotz writes that the Lord was manifestly present by His Holy Spirit, and that the council has proved to be a real blessing to all who attended.

OUR work is now conducted in 141 countries, by 21,607 evangelists and institutional labourers, who are using in their work 455 languages and dialects. The increase in languages during the year was 38, or one new language added every 10 days. During the past five years the number of languages added was 176, or one new language added every 11 days.

THE number of members added by baptism during 1931 was 34,859, the membership now standing at 336,046. The gain in membership shown by the reports from North America alone for the first six months of 1932 was 6,498, the membership now standing at 134,285. The membership of churches in all the world is 342,435, and of Sabbath-schools 412,186.

THERE are 68 publishing houses and branches, 196 schools carrying advanced grades, having an enrolment of 24,177; 58 sanitariums and hospitals, and

54 treatment rooms. In the total of 417 institutions there are employed 10,757 persons. The advanced schools graduated 1,717 at the close of the last school year, and sent out 1,228 persons into some branch of work at the close of the year's work.

DENOMINATIONAL literature is now produced in 152 languages, in the form of 6,387 different publications. There was an increase of 421 in the number of different publications issued. The value of denominational literature sold during 1931 was \$4,002,774.54, or £1,147,880 at the present rate of exchange. The total pages comprising one set of denominational literature has been changed since 1900 from 92,421 to 480,802 in 1931 W.E.R.

Good News from Egypt

The moon of Mahomet
Arose, and it shall set:
While, blazoned as on heaven's immortal noon,
The Cross leads generations on.

—Shelley.

THERE must have been something radically wrong with the North African church in the seventh century, for the Moslem invasion almost entirely uprooted it. The real trouble, I believe, with the church at that time, whether at Carthage or Alexandria, was that it had almost ceased to be native to its own culture and had fallen into the hands of the Latin and Greek theologians. As a result, it lost its simple Gospel zeal and much time was spent in wrangling over obscure theological points and in refuting heresies, while the world field was neglected. Mission zeal is the blood and marrow of any church, while a "little folding of the hands to sleep" is a sure sign of waning spiritual life. The spirit of Christ is the spirit of missions, for no one can from the heart pray, "Thy kingdom come," and be indolent concerning the salvation of others. Had the Eastern Church reached out to heathen Arabia and given the Gospel to the small party of truth-seekers called the Hanifites, the world-wide problem of Islam might never have been. As it was, the church, at the point of the sword, had to accept the Koran in which were set forth, under alleged divine authority, many of the heresies which it had spent centuries in chasing and confuting.

It does our hearts good to read of the zeal with which our brethren in the home fields are doing their part, both by their prayers and the gathering of funds, to advance the cause of God, in other lands. Such zeal is a sure safeguard against spiritual decay and death. Be sure it is worth while. Even now in this life we see some of the results, but only in the new kingdom will be seen all that has resulted from our labours.

About two years ago we had the pleasure of telling something of what the Lord did for us in Cairo, and now we have a cheering word from Alexandria, the historic city of which we all have heard. The work has been very difficult and perplexing and, at times, we could do little but pray, yet even in the

darkest hour we clung to the promises of God and He has rewarded our faith.

We had eleven candidates for baptism actually ready, and also some who will probably go forward next time. Just before the baptism we had the sad experience of laying to rest one of the candidates, but she sleeps in Jesus and will rise with the saints at the last trump. The baptism was conducted in a tranquil cove on the blue Mediterranean. Those who took part were native Egyptians, Greek Orthodox, and an Armenian. We also had a poor paralytic man who was to be baptized but he was rather too weak to be moved. He is determined, however, and if we cannot take him to the sea he wishes to be baptized at home, in a bath. One of the candidates is a young man who gave up his position in a bank on account of the Sabbath, and is now planning to study medicine and serve the Lord. We also baptized another fine young man of the Greek Church. He is very active and zealous in witnessing for the truth and also plans to give himself to God's work.

We thank God for the victories gained and gratefully acknowledge the faithfulness of those who continued to pray for us when the opposition was fiercest. Satan is still active; people and priests oppose us bitterly, and now we have been placed under the anathema of the Greek Church here! Pray for us, for we are sure that prayer will strengthen the new converts and bring further victories.

I would like to thank those who kindly send us tracts and periodicals for free distribution in our work here. Please note change of address: 25 Rue Ambroise Ralli, Chatby, Ramleh, Egypt.

E. G. ESSERY.

The Morning Watch Calendar for 1933 Is Now Ready

Why not read the Bible through systematically during 1933? This little book will help you to achieve this objective.

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Watford, Herts.

Great Colporteur Recruiting Campaign

January 1 to February 12, 1933

The Book Work Wins

ON Friday, August 26th, I called at the home of one of our members, who lives some eight miles from the church of which she is a member. I inquired if she would be at church next day. Yes, she would be there in good time for Sabbath-school and would leave home shortly after seven to walk to church. She had already obtained her Harvest Ingathering goal, having almost completed the villages within walking distance of her home. Here was an exceptional manifestation of love for the church services and the truth of God which lack of means through unemployment could not quench.

Here in the homeland are souls just as desirous for truth as those in foreign fields. Some ten years ago a colporteur sold this sister *Daniel and the Revelation*, which led her to observe the Sabbath. Some time later she purchased a copy of *Present Truth* and thereafter subscribed for the paper and sent in her tithe to the Press. One day she noticed that in a nearby town a child had received "hon-

ourable mention" in the children's corner of the paper. On her next visit to the town she inquired for the family and thus she met those of like precious faith; and now for two years has been a member of the remnant people of God.

How are the souls in the byways to be reached with this message? The harvest truly is great, but the labourers are few. Without doubt, the book work is God's appointed agency for reaching the honest in heart, especially in the small towns and villages in our land. Largely by this means will the work of the third angel be accomplished. Dear churchmember, is not God calling YOU to give your whole or part time to this very work in these days when the work of God is closing in the earth? It is planned to give the first few weeks of 1933 to finding recruits for the colporteur forces. Will you not give definite consideration as to whether God is calling you into this branch of His work? The night is coming when no man can work!

O. M. DORLAND.

South England Conference

President: Pastor O. M. Dorland. *Office Address:* 395 Holloway Road, London, N.7.

Notes from the President

SISTER MUSSEN wishes to thank those who have been so sympathetic in her sad bereavement. The letters she has received are far too numerous for her to answer personally and she asks that you accept this note as an expression to you of her gratitude.

It was the writer's recent privilege to stay at the Manor Guest House, Brean, Somerset, near Weston-super-Mare. Here within one minute of the best stretch of sea sand to be found in South England

is a home of rest. The terms are moderate and the health reform diet generous.

ON a recent Sunday five more souls were baptized in the West London Church. This fruit has been gathered at Southall and High Wycombe.

WE are pleased to be able to announce that our tithe for October is £250 up by comparison with October, 1931. However, even with this gain on the month, we are considerably below last year in our ten months' income. We trust that our leaders and workers will follow out the plan of the Union and, as far as possible, present tithe privileges and responsibilities to our churches on Sabbath, November 19th.

O. M. DORLAND.



Little Harvest Ingatherers of North London.

Ingathering News from Our Juniors

THE following very interesting report has just come to hand from the Junior Missionary Volunteers of North London, together with this photograph of a party just off on the war-path.

Their leaders tell how they are always ready at the church before the appointed time eager to make a start, and the greatest problem seems to be to get them to stop at lunch time. The goal they set of £10 has long been passed by these twenty-three volunteers, whose ages range from three years to



John Reeves.

thirteen years. Some have 10/-, some over £1, and the youngest member, John Reeves, who was not quite three years old when he had his first experience in Ingathering, has already 16/4 to his credit. He obtained 10/- from a gentleman at a house where he called, "kecting for little black boys." One of the little girls, age eight, brought in 12/- after being out only one and a half hours! Well done, Maureen!

The Wimbledon Juniors, too, have done heroically—having exceeded their goal of £6. Juniors—we thank

you. We would like to mention every society, but this is impossible. We welcome our new recruits from Salisbury. They are doing good work collecting for the first time.

"In holy attire comes Thy youth before Thee as the dew of the morning." Psa. 110 :3. This rendering of that prophetic verse is wonderfully emphasized to-day, the day of God's power. Our Missionary Volunteers have done splendid service throughout the campaign, both Seniors and Juniors, and are continuing to do so.

Young people, may you have many precious souls to lay at the feet of the Master as a result of His blessing upon your labours. Keep right on with this good work Christ is our sufficiency.

Yours for victory,
H. T. JOINSON

◆ ◆ ◆ Congratulations!

We congratulate Mr. Chris Cummings of North London on having recently passed his medical examinations, his degrees being M.R.C.S. and L.R.C.P. Brother Chris Cummings and his brother Paul were among the twenty-two candidates baptized by Pastor R. A. Anderson at the Wood Green Empire last February at the close of the Union Conference session.

C. R. ANDERSON

Kidderminster

NOTWITHSTANDING that our labours in Kidderminster have been attended by peculiar and manifold difficulties, not the least of which may be mentioned the refusal of the licensing authorities to grant us the use of a cinema, and the lack of a permanent place of meeting (we have had five changes of tenancy during the past fourteen months) yet, thanks to the good hand of the Lord, we are able to report an increase of membership in this area. Recently it was the privilege of the writer to baptize and receive nine persons (one of these by vote).

The second baptismal service was conducted in

our own church at Handsworth, Birmingham. There were present on the occasion Pastor W. Hall and Brother Ward, who rendered valuable service.

It is interesting to record that a week or so before she submitted to the rite, one of the sisters, who had been afflicted with glaucoma in both eyes, was perfectly healed without an operation in answer to prayer.

Associated with the writer in the tent effort and follow-up work were Brother B. Hardy and Mrs. Casey. Just as the Sabbath truth was being presented the latter was unfortunately taken ill with influenza and was away for fourteen weeks. She returned, however, in time to do good work in preparing the candidates for baptism. We were indebted to Brother Hardy for his able ministry, also to Miss K. Bourne for her efficient service in connection with the piano.

A. S. RODD.

◆ ◆ ◆ Change of Address

THE new address of the Leeds Church is: The Working Mens' Hall, Park Street, Leeds

Advertisements

NOTE.—The charge for advertisements in this paper is one penny per word. This applies to all advertisements except requests for employment sent in by members of the Seventh-Day Adventist Church. Advertisers are requested to send cash with their advertisements, otherwise they may have to be held over until the following issue.

TO LET—Three or four unfurnished rooms near Waddon Station. Write: S.D.A., 22 Stafford Road, Waddon, Croydon

TO LET—Apartments, with or without attendance, or board residence Reasonable charges Write: Nurse Lamb, Maryland, Wells-on-Sea, Norfolk

YOUNG man wants gardening or office work 6d. per hour. Anywhere Any time Have your garden dug now. W. Long, 78 Queen Victoria Street, York

Specially Prepared for Seventh-Day Adventists

The British Edition of the

HOME MISSIONARY WALL CALENDAR

FOR 1933

Dates may be easily read across the room. Days of special interest to Adventists are marked in bold, red figures. Special Features: Postal Information, Household Hints, Emergency Treatments, Church Directory. Thirteen beautifully coloured illustrations. (These illustrations are suitable for framing)

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"Easily the best we've seen for many years"
says Pastor H. W. Lowe

Concerning the Christmas Number of

Good Health

You may be sure, therefore, that it will be
welcomed in your district

NOTE SOME OF THE CONTENTS:

Making Christmas Healthy and Happy

By D. A. R. Aufranc, M.R.C.S., L.R.C.P.

There's Fun in Winter Hiking

By Clifford Lewis

Planning the Christmas Menu

By "Chef"

Bronchitis: A Common Winter Ailment

By Ronald Leisk

In addition to other Splendid Articles there's a

Special Children's Supplement In Two Colours

The Children will Love It

The magazine is enclosed in a rich red
cover with an attractive Christmas pic-
ture and greeting

IT WILL SELL ON SIGHT

Will you help to bring Christ-
mas cheer into the homes in
your neighbourhood by circulat-
ing this special Holiday Num-
ber and at the same time earn
money for your Christmas of-
ferings?

Special discounts to churchmembers

Order through your local Tract Society
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The Stanborough Press Ltd.

Watford, Herts.

Good Christmas News

"HA, ha, ha! Come on, boys, let's drink to every-
body's good health and a jolly happy Christmas!"
bawled one of the boisterous habitués of a certain
public-house on a certain Saturday night a few days
before Yule time.

Glasses were filled and lifted aloft to the tune of
"Good health, Joe," "Best of health, Harry," etc.

Just then the door opened and a pleasant voice
focussed attention on the bright-faced young wo-
man who entered.

"Excuse me, here's something that *really will*
bring you good health," and smilingly she held be-
fore the landlord's face a brilliantly-hued magazine.

Good Health, he said. "Look . . ."

But before he could proceed, the bright young
woman was saying with contagious enthusiasm,
"Yes, it's all that the name implies. Full of first-
rate things for Christmas—articles, recipes for ex-
cellent meals, cures for aches and pains, including
headaches (this with a knowing look at those around
her who evidently knew the meaning of the "fat"
head of the morning after the night before!) And
here's something for the kiddies, too. Why, you all
should have a copy of this for your family this. . ."

Before she finished her sentence, the landlord
tossed his threepence on the counter. "Looks good,"
he grunted. Hands went into pockets and the little
red magazines were handed round as quickly as
hands could move.

If ever a cover sold a paper, this year's *Good
Health* is sure to go easily. A vivid and warm red
jacket with a really appealing picture of a bonny
bairn hugging a most loveable old Santa Claus.
Easily the best we've seen for many years. It would
undoubtedly rivet attention and sell itself on a rail-
way bookstall.

And the contents! Health, happiness, peace of
mind, winter walks for physical fitness, the Christ-
mas menu—all these things of universal appeal we
find in the opening few pages.

Then there's a brightly displayed two-colour
"Children's Supplement" with a picture the young-
sters will love to improve(!) with their paint
brushes.

And—is it prophetic foresight?—all sorts of ad-
vice is given to those who either already have, or
who, because they will disregard all the laws of
good health this Christmastide, will have, bronchitis,
backache, headache, etc. In fact one wonders why,
with a few copies of our excellent *Good Health* in
the house, we should ever get any aches or pains at
all, children excepted, of course!

Well, here's the paper, anyway. An altogether ex-
cellent production, editorially and technically. The
Press workers have produced something splendid
that only now remains to be taken to a waiting
public. What the bright young lady did, YOU can
do, too!

We want a record circulation this season, and
here, to sloganize, is how that task can easily be
accomplished:

a. By churchmembers unable to take large quan-
tities:

"Every Adventist family buys one;

Then six more for their friends—and the task is done!"

b. By churchmembers who desire either to augment their incomes or to labour as a missionary and social service:

"In the interests of health, not to mention my wealth,

I'll give twenty-five hours to the sale of *Good Health*."

c. By regular workers:

"Here's a chance come to me that's not oft to be met, I'll *double my order*—and sell them, don't fret!"

H. W. LOWE.

Old Razor Blades Wanted

WHEN recently home on furlough we showed among other lantern slides one of the African barbers shaving the head of his friend. His razor was a sharpened piece of hoop-iron, which probably was better than the beaten-out four-inch nail often used. We appealed to our friends to give us any disused safety-razor blades they might be able to collect, so that we might distribute these to our native believers. We received about two hundred. These have now been distributed and we would be glad of a further supply.

Would any friend who can help us kindly send what he can collect to Mrs. F. Bateman, 2 Byron Street, Redfield, Bristol. The blades will then be sent to us and at last pass into the hands of very thankful native believers. The edge of hoop-iron doesn't compare with your blunt blade!

E. R. WARLAND.

A Good Answer

(Continued from page 8.)

ply. 'How far down do you own it?' inquired Dr. Skinner. 'Why, I never thought of it before, but I suppose I own half-way through.' 'Exactly,' said the doctor; 'I suppose you do, and I want this money for the Chinese—the men whose land joins yours at the bottom.'"

"Seeing It is for the Lord Jesus Christ"

"It is related that when Andrew Fuller went into his native town to collect for the cause of missions, one of his old acquaintances said, 'Well, Andrew, I'll give five pounds, seeing it's *you!*' 'No,' said Mr. Fuller; 'I can take nothing for this cause, seeing it's *me*'—and handed the money back. The man felt re-proved, but in a moment he said, 'Andrew, you are right. Here are ten pounds, seeing it is for the *Lord Jesus Christ*.'"

SUNSET CALENDAR

| | London | Nott'ham | Cardiff | Edin. | Belfast |
|-----------|--------|----------|---------|-------|---------|
| Nov. 25th | 3.59 | 3.58 | 4.12 | 3.51 | 4.9 |
| Dec. 2nd | 3.54 | 3.52 | 4.7 | 3.43 | 4.3 |

The Missionary Worker

Published fortnightly on Friday for the British Union Conference of Seventh-Day Adventists by The Stanborough Press Ltd., Watford, Herts.

EDITOR A. S. Maxwell
Copy for next issue: November 24, 1932.

"Be-vita" for Vitamin "B" and Health

IN our last article we outlined the discovery of Vitamin "B" and stated it as the considered opinion of a leading health authority that more Vitamin "B" in the food prepared for the average family would certainly tend to make the nation healthier.

When our diet contains even a slight inadequacy of Vitamin "B," "symptoms of loss of appetite and weight, fall of body temperature and a decreasing capacity for muscular work become apparent." This vitamin controls growth and development in children, and determines the proper functioning of nerve, brain, and digestion in adults. Thus for appetite, correct bodily weight, and good digestion with proper elimination action, Vitamin "B" is an essential in the diet. How important it is, therefore, that every person should make sure that they are getting enough Vitamin "B" to keep nerves, brain, and digestion in proper working order. This is not unnecessary advice because the ordinary diet tends to have this vitamin almost completely eliminated.

By feeding experiments, it is known that skimmed milk, yeast, the silver skin of rice, and many other substances, all contain Vitamin "B" BE-VITA, the new food prepared by Granose Foods Limited, is a yeast extract, one of the richest known sources of Vitamin "B." It is an appetizing, vegetable food and definitely contains no fat or animal tissue, despite its apparent meat-like flavour. If a little BE-VITA is taken each day, the system is able to store up reserves of energy for mental and physical effort. It has a very attractive flavour; in fact it makes all foods taste better.

HOW TO USE BE-VITA

BE-VITA may be used for flavouring soups, broths, sauces, and gravies. It makes an appetizing bread-spread for sandwiches, and is delicious as a hot drink.

RECIPES

BE-VITA BEVERAGE.—Half a teaspoonful dissolved in a cup of boiling water. This proves a healthful change from other beverages.

BE-VITA SANDWICHES.—Mix one-quarter teaspoonful of BE-VITA with two ounces of butter, and spread on bread or crackers.

BE-VITA BROTH.—One teaspoonful of BE-VITA, two cupfuls of water, a dab of butter, and pinch of salt. Heat the water, BE-VITA, and butter, and bring to boiling point. The product is indistinguishable from meat broth only better, as BE-VITA (as determined by analysis) contains more protein (tissue-building material) than the best cuts of beef or mutton. Housewives should use BE-VITA in all cases where a savoury flavouring is needed.

HYGIENICALLY PACKED

BE-VITA is packed in glass jar containers with the latest modern hygienic cap which can be easily opened. This is stamped with the Granose seal of purity. The jar contains five ounces of highly-concentrated food which is very economical in use and is sold for 1/9.

No one who guards that greatest of all blessings—Health—should miss taking a little BE-VITA daily, so that the Vitamin "B" can give tone to the system. It has also a marvellous effect on the other foods it comes into contact with in the course of digestion, making digestion easier, and ensuring that the body gets the full energy value from the food eaten.

Make a special point of obtaining BE-VITA from your Health Food Store. The human body, the most marvellous engine in the world, depends upon diet for its fuel, its repair, and growth material. If there is an omission in the diet, trouble must result. Reasonable attention to diet no longer means martyrdom. A satisfactory health-giving diet can be arranged by all if the matter be given a little thought and consideration. When we realize that health is the greatest wealth a person and nation can have, there is an incentive to get those foods rich in health-giving properties. That is why we advise you to take BE-VITA for Vitamin "B" and Health.

G.F.L.

Almost Home!

AFTER ten weeks eighty-five per cent of our Union goal has been reached—£8,000 has been gathered in. It is an almost incomparable achievement in these recent crisis years.

We need only £800 to equal last year's final figure, and £1,400 would see our goal completely attained

Most encouraging reports come from those faithful members who are still hard at the task. Now is the time for a last successful few weeks Money is beginning to flow freely with the approach of Christmas. Let us take advantage of this and go "all out" for victory.

Who will undertake to raise another £5 in this *Victory Effort*? Fifty more five pounds as a special extra effort would be an immense help.

Isolated members and others should be sure to have all money sent in before the end of December. Secretaries will also please send reports by the close of December.

Members are notified that they should refuse to deliver their canisters to anyone who may demand them in the streets, except to uniformed police officers. The latter, however, do not do more than take particulars for investigation, which, of course, we welcome

Anew to the task, brethren, full of faith, flushed with this measure of suc-

cess! Praising God, serving Him loyally, onward we go!

H W L.

A Good Answer

"A GENTLEMAN once said to Dr. Skinner, who was asking aid for foreign missions, 'I don't believe in foreign missions. I won't give anything except to home missions. I want what I give to benefit my neighbours' 'Well,' the doctor made reply, 'whom do you regard as your neighbours?' 'Why, those around me' 'Do you mean those whose land joins yours?' 'Yes.' 'Well,' said Dr Skinner, 'how much land do you own?' 'About five hundred acres,' was the re-

(Continued on page 7.)

Totals to Date

(November 6th)

| | |
|------------|--------|
| S. England | £3,800 |
| N. England | 2,700 |
| Wales | 570 |
| Scotland | 560 |
| Ireland | 370 |
| Union | £8,000 |

South England

£4,420

North England

£3,230

Wales

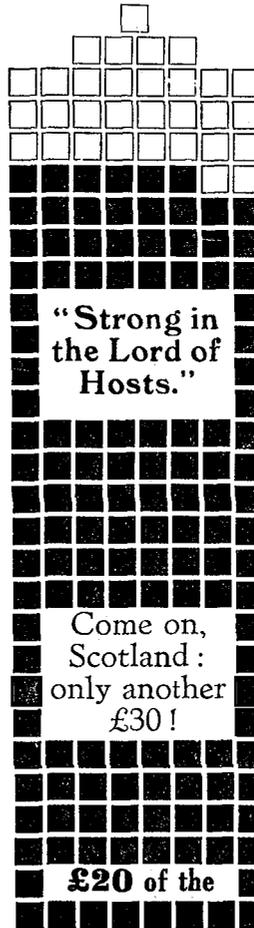
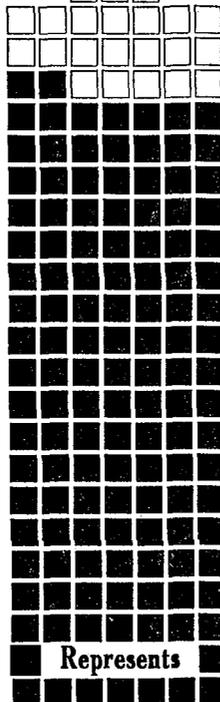
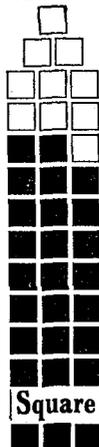
£840

Scotland

£590

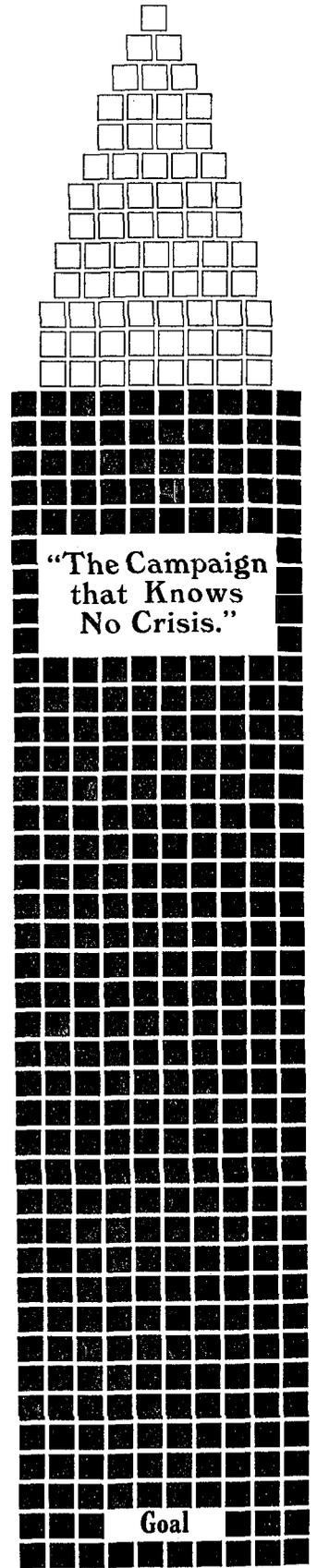
Ireland

£320



Union Goal

£9,400



"The Lord of Hosts
Is With Us."

**Onward With
Him!**

"Strong in
the Lord of
Hosts."

Come on,
Scotland:
only another
£30!

Each

Square

Represents

£20 of the

Goal