



The Spirit of Prophecy

By W. E. Read

WHEN Jesus ascended to heaven, He "gave gifts unto men." Eph. 4:8. These were distributed in abundant measure, not only on the day of Pentecost, but during the years which followed, as the members of the early church bore a faithful witness for the truth as it is in Jesus. Quite a number of the gifts are enumerated in Paul's letter to the Corinthians. In the first epistle and the twelfth chapter we read that the Spirit of God distributed these for definite service in building up the body of Christ. One of them was the gift of prophecy. (1 Cor. 12:10.) We read also in Paul's letter to the church at Ephesus that "He gave some, apostles; and some, prophets; and some, evangelists; and some, pastors and teachers." Eph. 4:11. Hence it was the purpose of God that the gift of prophecy, among the many other gifts distributed to the church, was to be seen in the ranks of the people of God. As we come to the time of the gathering of the remnant church, we find that one of the distinguishing characteristics of God's people in the last days is that they "have the testimony of Jesus Christ." Rev. 12:17. This is interpreted in Revelation 19:10. There we read: "The testimony of Jesus is the Spirit of prophecy."

In the reference to the spiritual gifts as found in the book of Ephesians, we find at least two things particularly emphasized:

1. *The duration of the gifts.* We are assured that apostles, prophets, evangelists, pastors, and teachers are to be in the church "till we all come in the unity of the faith." Eph. 4:13. Until the church of God is united, until the prayer of Jesus, that "they all may be one," is fulfilled, these gifts are to be seen among the

people of God. They are to be there until we come "unto a perfect man," and "unto the measure of the stature of the fullness of Christ."

2. *The purpose of the gifts.* God has bestowed these gifts for the benefit and blessing of His children. They are placed in the church "for the perfecting of the saints, for the work of the ministry, for the edifying of the body of Christ." Hence they are to strengthen the members of the church and guide them in their growth and development and lead them on to the perfection that is in Christ Jesus.

As a people, we can surely be deeply grateful to the Lord for the gift of the Spirit of prophecy which has been among this people since its beginning. The counsel which has come to us has been invaluable and has meant much in the building up of this work solidly in all parts of the world. The

counsel of the Testimonies is so varied. The minister can find helpful instruction, not only as to his spiritual needs, but as to methods and plans of work. The same is true for the physicians and for the teachers in our educational institutions. The leaders in our publishing work can also find helpful inspiration and counsel. In the Testimonies is to be found guidance in our domestic affairs, in caring for the children, in the matter of diet and the general health of the family, the activities of church life, and the work of conferences and Union conferences, and the work in the far-flung mission fields is all dealt with in the volumes of the Spirit of prophecy.

We are very glad that we have a new volume of the



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Testimonies available for our members in this field, and we hope that before the end of this year there will be at least one copy of *Selections from the Testimonies* in every Adventist home in the British Isles. Here are some of the vital matters which are dealt with:

1. THE NEED OF THE HOLY SPIRIT.

"To us to-day, as verily as to the first disciples, the promise of the Spirit belongs. God will to-day endow men and women with power from above, as He endowed those who on the day of Pentecost heard the word of salvation. At this very hour His Spirit and His grace are for all who need them and will take Him at His word."

"Why do we not talk of it, pray for it, preach concerning it? . . . For the baptism of the Spirit every worker should be pleading with God. Companies should be gathered together to ask for special help, for heavenly wisdom, that they may know how to plan and to execute wisely. Especially should men pray that God will baptize His missionaries with the Holy Spirit."—*"Selections from the Testimonies,"* pages 19, 21.

2. THE BLESSING OF BIBLE STUDY.

"Every provision has been made in the Word of God whereby all may have divine help in their endeavours to overcome. If they keep Jesus before them, they will become changed into His image . . ."

"But however much one may advance in spiritual life, he will never come to a point where he will not need diligently to search the Scriptures; for therein are found the evidences of our faith. All points of doctrine, even though they have been accepted as truth, should be brought to the law and to the testimony; if they cannot stand this test, 'there is no light in them.'"—*Id.*, page 62.

3. THE NEED OF FAMILY WORSHIP.

"In every family there should be a fixed time for morning and evening worship. How appropriate it is for parents to gather their children about them before the fast is broken, to thank the heavenly Father for His protection during the night, and to ask Him for His help and guidance and watchcare during the day. How fitting, also, when evening comes, for parents and children to gather once more before Him, and thank Him for the blessings of the day that is past!"

"Father and mothers, each morning and evening gather your children around you, and in humble supplication lift the heart to God for help."—*Id.*, pages 30, 31

4. THE IMPORTANCE OF THE COLPORTEUR WORK.

"The canvassing work is God's means of reaching many that would not otherwise be impressed with the truth. . . ."

"The canvassing work is more important than many have regarded it, and as much care and wisdom must be used in selecting the workers as in selecting men for the ministry."—*Id.*, page 97.

5. THE VALUE OF HOME MISSIONARY WORK.

"We are living in a special period of this earth's history. A great work must be done in a very short time, and every Christian is to act a part in sustaining this work. God is calling for men who will consecrate themselves to the work of soul-saving. When we begin to comprehend what a sacrifice Christ made in order to save a perishing world, there will be seen a mighty wrestling to save souls. Oh, that all our churches might see and realize the infinite sacrifice of Christ!"

"It is not the Lord's purpose that ministers should be left to do the greatest part of the work of sowing the seeds of truth. Men who are not called to the ministry are to labour for their Master according to their several ability."—*Id.*, pages 99, 100, 101, 102

6. THE OBSERVANCE OF THE SABBATH.

"Far more sacredness is attached to the Sabbath than is given it by many professed Sabbath-keepers. The Lord has been greatly dishonoured by those who have not kept the Sabbath according to the commandment, either in the letter or in the spirit. He calls for a reform in the observance of the Sabbath."

"All through the week we are to have the Sabbath in mind, and be making preparation to keep it according to the commandment"

"When the Sabbath is thus remembered, the temporal will not be allowed to encroach upon the spiritual. No duty pertaining to the six working-days will be left for the Sabbath."—*Id.*, pages 36, 37.

7. THE VALUE OF THE TESTIMONIES.

"The Word of God is sufficient to enlighten the most beclouded mind, and may be understood by those who have any desire to understand it' . . ."

"If you had made God's Word your study, with a desire to reach the Bible standard and attain to Christian perfection, you would not have needed the Testimonies. It is because you have neglected to acquaint yourselves with God's inspired Book that He has sought to reach you by simple, direct testimonies, calling your attention to the words of inspiration which you had neglected to obey, and urging you to fashion your lives in accordance with its pure and elevated teachings."

"The written testimonies are not to give new light, but to impress vividly upon the heart the truths of inspiration already revealed. . . . Additional truth is not brought out; but God has through the Testimonies simplified the great truths already given."—*Id.*, pages 175, 176, 177.

Ever remember the counsel of the great apostle to the Gentiles, "Quench not the Spirit. Despise not prophesyings. Prove all things; hold fast that which is good." 1 Thess. 5:19-21.

May we say with David, the sweet singer of Israel, "Thy testimonies are my meditation" (Psa. 119:99), "Thy testimonies . . . are my delight and my counsellors" (Psa. 119:24), ever remembering that "Blessed are they that keep His testimonies, and that seek Him with the whole heart." Psa. 119:2.

**Some of the subjects
dealt with
in the new book
"Selections
from the Testimonies"**

1. The Holy Spirit.
2. Family Worship.
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6. Home Missionary Work.
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8. Nature and Object of the Testimonies.
9. Value of Bible Study.
10. Women as Gospel Workers.

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Notes from the Union President

A VERY encouraging letter came to hand a few days ago from our brethren in the Far East. The secretary of the Division, writing from Manila in the Philippine Islands, gives us the following :

"Glad to mention that the work is onward here in the Far East. In spite of difficult financial conditions, which make it almost impossible for us to maintain our working forces intact, a larger number of baptisms is being reported than ever before. Other features of the work are also encouraging, and we believe that the time has come for the finishing of the work, in spite of every condition that would seem to hinder us."

MANY of the conference workers and churchmembers are finding the noon-hour season of devotion a time of real spiritual blessing. Quite a number have referred to the matter in their letters to us, and we hear it frequently mentioned in conversation and in the testimonies which are borne. We certainly need to pray more than we do. One of the greatest needs of the Advent people to-day is more earnest intercessory prayer. We need to pray for ourselves, and we certainly need to pray for each other, and especially for the unconverted, for our neighbours and friends who know not God.

SHALL we not take upon our hearts the need of revival in the weekly prayer meeting of the church. It is sad to see how poorly attended this weekly service is in so many of our churches. There certainly needs to be a revival in this matter. It may be that in some places the prayer meeting could more profitably be held on another evening in the week, or perhaps even on the Sabbath day; but one thing is certain, the church should have a regular weekly season of prayer. In some churches, where the members are scattered, it may be advantageous to have group meetings, the members in one district meeting at one of the members' homes. It might be that in some churches three or four group meetings could be held every week. In such cases, a monthly united prayer meeting at the church itself would prove a real blessing. Ministers and church officers should give careful study to this matter so that weekly seasons of devotion may be faithfully observed.

WE were very glad for the gifts to evangelistic work which were made at the recent conferences in London and Manchester, and the treasurers of the conference will be very glad indeed to receive special gifts for this purpose from those who were not present at the annual meetings this year. Very soon we shall be entering the autumn months and we should like to start in on a good strong series of evangelistic efforts. If even the sum of £500 could be made available for this purpose in special gifts, it would be a wonderful blessing to us, in that it would make possible the starting of several aggressive efforts in important centres.

HAVE you obtained your copy of the new volume of *Selections from the Testimonies*? Already letters of appreciation are coming in from all parts of the field. The price as mentioned before is 3/6, although

it cost the publishing house 5/- to produce. It is made available at a lower figure because the Union has granted a small subsidy on the special edition which has been published. Why not order your copy without delay.

WHILE engaged in the Ingathering Campaign this year let us be on the look-out for interested souls. It would be well to make a note of the addresses of any who show particular interest. We can then call again, leaving, perhaps, a tract, and then as the interest develops, plan to have Bible studies if the way opens. In any case, if you feel unable to give the Bible studies yourself, do not fail to report the names and addresses of all interested individuals to the minister or church elder. The Ingathering work, under the blessing of God, can be the means, not only of raising funds for our needy mission fields, but also of bringing us into touch with honest souls who are longing for the truth of God.

W.E.R.

Church School Teachers' Convention

PASTOR W. G. MURDOCH, Educational Secretary of the British Union, and Pastor E. D. Dick from the Northern European Division, met in council with the six church school teachers of the South England Conference at The Stanboroughs Annexe, Watford, July 24th to 27th.

Pastor W. E. Read opened the convention with a Bible study on the Master-teacher. Messages of inspiration and helpful instruction were given by Pastors Murdoch and Dick as they led out in the counsel hour on subjects correlated with elementary school work. Reports were given of the work covered and progress made in each school, and detailed study was given to the suggested syllabus for the ensuing school year.

Timely words of courage were also given by Pastor Maxwell and Dr. Nelson, and by the three brethren from the churches maintaining a school—Brother Warren of Stanborough Park, Pastor Jackson of Plymouth, and Dr. Shone of Walthamstow.

A number of resolutions having a general bearing on church school work and associated problems were drawn up to be presented to the British Union Committee.

The closing day of the convention all united in prayer for the children scattered in our churches throughout the Union, that they may be kept safely sheltered within the fold, and guarded by the heavenly Shepherd in the day of earth's alarms. As we prayerfully read anew the Elijah message of Malachi 4:5, 6 may we be prepared to answer the question, "Where is the flock that was given thee, thy beautiful flock?"

A. E. WEST.

Another School Year Begins at Newbold

AUGUST 23rd marked the opening of another school year. By four o'clock in the afternoon there was a large number of people assembled in the gymnasium to wish the students and faculty God-speed as they began their journey.

The principal of the school, in his opening remarks, extended a very cordial welcome to the many parents of students who were present. He stated how pleased he was to see so many of the old students back again, and was glad also to welcome those who had come for the first time.

Among those who took part in the exercises were several members of the college board and alumni of the school. In brief, this was their message:

It is to the few who continue to the end and complete their course that the prize is awarded. As a body of Christian students, we must begin aright by a whole-hearted consecration to God. Our every power—spiritual, mental, and physical—must be wholly devoted to the task to which we have set ourselves. The staying power needed to keep us on the course can only be obtained by diligent prayer and study, and we will make sure progress by advancing "on our knees."

Concentration is another attribute that those who succeed must possess, and this not only applies to study but also to the manual work which is provided to help the students meet their expenses while at college. We must have the spirit of co-operation while in school and co-operate with our fellow-students and teachers, and live up to the standard of our high calling. We must loyally support the policies that govern our school.

Another speaker asked, "Are we where God wants us to be?" and since we have now come to college our daily prayer should be, "Teach me to do my best," and then be not weary in well-doing but keep on going on.

The last speaker directed his remarks more particularly to those who were not new to the college. He assured them that to-day they had a glorious opportunity to make a new beginning: that the past with all its blots was forgiven and forgotten; and that a clean sheet was provided on which they could record this year's activities.

The following day, Thursday, was a busy one for all. This was spent in registration and classification. By 7.30 in the evening, however, we all assembled in the dining-room for a student-faculty reception and social. Here we became acquainted with many new students and enjoyed a very pleasant social evening.

At 7.30 on Friday morning the school was in full swing and we had our first day of classes. The Friday evening service will long be remembered. It was a prayer and testimony meeting, and was conducted by our principal. A large number of students spoke earnestly of the experiences through which God had led them during the past summer. Specially interesting were those who spoke of their work in the canvassing field, and a note of triumph sounded throughout the chapel because of the splendid success many had had during their summer's activities. We believe God has wonderfully blessed us at the opening of our school and are sure that He will continue to bless our college during the nine months that lie ahead, so that this year may be, as it should be, the very best year in our experience.

DAVID J. CLARKE.

South England Conference

President, H. W. Lowe.

Office Address: 395 Holloway Road, London, N.7.

Planning for Progress

FROM all sides come requests for evangelistic campaigns. That is a splendid thing. Our only regret is that our committee cannot possibly staff and finance campaigns everywhere at once. However, at a recent meeting of the new executive committee, certain evangelistic plans were laid which should speed up our soul winning throughout the conference.

PASTOR C. A. REEVES initiates the S.W. London Advent Mission in October, probably at Wimbledon Town Hall—a fine new edifice in the heart of this splendid suburb, and not far from our own church. He will be assisted by Leslie Hardinge and Miss Wilkins—two College graduates whom we are glad to welcome to our forces.

PASTOR R. S. JOYCE will move to Lowestoft to lift aloft the Advent message banner for the first time there. His present staff will remain unchanged, except that Brother C. R. Bonney will assume responsibility in Great Yarmouth as Brother Joyce moves on after his anticipated baptism.

PASTOR A. K. ARMSTRONG has been asked to open some evangelistic meetings in the Brighton area, while caring for the churches in that town and at Hastings.

BROTHER CANNON will locate in the N. London area for evangelistic service, while Pastor Colthurst is to shepherd the interests in Cambridge, Luton, and district.

PASTOR S. F. JACKSON expects to seek souls through meetings in a new location in Bournemouth.

MISS INA WHITE comes from Newbold College to join our Bible-working forces, and is to be appointed to assist in a campaign a little later this month.

By the grace of God we have been able to commence a few campaigns this year, and in faith we must press on trusting God to bless and prosper.

WE are in the great Ingathering Campaign now and much enthusiasm prevails in most places. It would be a great victory if we could clear up the campaign in six or eight weeks. The need is great and God calls to service. We hope all our loyal people will contribute a full share to the success of this year's effort for missions. H. W. Lowe.

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"The Best Yet"

SUCH was the consensus of opinion of our young people before we left Blue Anchor, and many are the letters containing the same expression.

One hundred and forty-two lusty Missionary Vol-

unteers from South England gathered under ideal conditions in Somerset for the first fortnight in August and enjoyed much blessing from the Lord. The devotional meetings, morning and evening, were very helpful and much appreciated. Brethren Lowe, C. V. Anderson, F. W. Goodall, C. L. Kelly, and the writer conducted these. Our morning watch periods, too, were as springs of living water to us all, and our young people drank deeply of them.

The Sabbaths were days long to be remembered, each being opened with a prayer meeting. On the second Sabbath we had the privilege of holding an open-air meeting on the quay-side, and crowds of visitors listened with interest. Here again the Lord worked for us. The manager of the local cinema, being impressed with the message given at that meeting, invited us to hold a service in his cinema on Sunday, free of all cost. Naturally, we grasped this offer with both hands, as it were; and the manager returned to his cinema and made the announcement.

At this meeting on Sunday evening, Brother King led out, dealing with world conditions and the coming of Christ. This service was much appreciated by some fifty strangers, twenty-seven of whom passed in their names, in response to our invitation, for literature to be sent on to them. Join us in praying, dear reader, that God may fan into flame the spark of truth which has been kindled in the old-world town of Watchet.

Our "big day" was a trip of 110 miles by coach to Glastonbury, Wells, Wookey Hole Caves, and Goughs' Caves, Cheddar. Five coaches conveyed 127 young people to see some of these wonders of nature, sights which will live long in the minds of us all.

The hikes through the beautiful Somerset lanes, over the rolling moorland covered with a carpet of purple heather, interspersed with golden gorse, made a feast for young eager eyes. "All things bright and beautiful, the Lord God made them all."

The heartfelt thankfulness of all goes to our matron, Sister Druitt, and her willing staff of workers who so ably came to our assistance by satisfying the longings of the inner man. Three cheers for matron!

Nurse Harms did noble service for us also, from the soles of our feet to the crown of our heads! Long shall we remember Nurse Martha and her thermometer!

We very much appreciated the help of those who came in the advance party to pitch tents and do digging. Was it soil or concrete we had to dig? Most of us concluded it was the latter; a pneumatic drill would have been a great asset. Thank you all who helped so nobly in this way.

Miss R. John, assisted by Miss D. Pearce, made the holiday a real one for the juniors. You would have enjoyed seeing them out at seven o'clock every morning doing physical drill, and coming with us at night as we went round saying "good-night" to them all. Thank you, Miss John and Miss Pearce!

Already the question is being asked, Where shall we hold our camp in 1934? Young people, *write at once* and tell us where you would like to go.

Please note we have the camp group photographs ready Postcards, 4d.; mounted, large size, 1/6. We only have a few, so the first to come will be first served. Please send money with order

Juniors, we are waiting for your write up for the 7/6 prize offered by the Junior Good Health League, and seniors, our president is waiting for those fifty-word essays on camp. Does anybody want that 10/6 for the best group of three snaps of camp life, and the 10/6 offered by Brother Merchant for the best snap of the tents, or one tent? The Stanborough Press also is offering a prize of 10/6 for the best snap of camp life. Hurry up, or you may be too late!

Yes, it does pay to hold M.V. camps.

Good-bye as camp superintendent until 1934

H. T. JOHNSON.



Renewed Courage

It is no exaggeration to say that the recent South England Conference was the most inspiring session of its kind that has been held for many years. Those who were privileged to attend were greatly blessed and have returned home with fresh courage and zeal for the Lord.

Here is one typical letter which has reached us. Sister Burtchall of Richmond writes as follows:

"I have come back from the Conference full of courage, full of confidence, full of zeal, believing implicitly that we are well able to accomplish every task, and reach every goal; and rejoicing in the assurance that the cause we represent is going to triumph gloriously. God grant that each one of us may triumph with it."

ED.



Colporteurs' Soul-Winning Experience

Two colporteurs in the west of England, Brethren W. Rowland and J. H. Bayliss, were to move to a fresh location in their territory.

They chose a new town and then, before setting off to "try the territory," prayed that one or the other would, in the course of the day's canvassing, be led to suitable apartments

Their petition was answered, even to the exact amount of the room rent they were to be asked to pay.

The person with whom they secured accommodation purchased a copy of *Steps to Christ*. The reading of this brought great blessing to her.

Finding that she was an earnest soul seeking spiritual help, our brethren conducted Bible studies in her home as opportunity afforded

Now comes the good news that every phase of the message has been accepted by this lady to whom the Lord's messengers were guided.

The colporteurs are a privileged class, often proving the truth of the statement, "As they plead with the Lord to help them, He will guide them to those who are seeking for light."—*Colporteur Evangelist*, page 40.

B. BELTON

HOME offered for three or four months in return for light duties. For full particulars apply to A. C. Aylward, 16 Monkton Street, Ryde, I.O.W.

North England Conference

President: Pastor O. M. Dorland.
Office Address: 22 Zulla Road, Mapperley Park,
Nottingham.

Farewell to the Tyneside

ANTICIPATION that a succession of farewell visits and farewell sermons would be distressful and dispiriting, I had looked forward with a certain amount of dread to my last week upon the Tyneside. Wednesday at Throckley and Blaydon, my last cottage meeting at the latter; Thursday, my last prayer meeting at South Shields; Friday, a final talk with candidates for my last baptism here; Sabbath, farewell to Newcastle and Gateshead in the morning and a baptism of seven souls (three men and four women) in the afternoon, making the number up to forty added by baptism and four by vote since February of this year. Sunday, my last regular public preaching service at South Shields; Monday, my farewell to the church there; Tuesday, my farewell at North Shields and last meeting of believers on the Tyne. These items together with as many final visits as possible and preparations for removal filled in an exceedingly busy week.

And now, sailing down the Tyne en route for London, I look backward over a period of eight years and muse upon what God hath wrought during my sojourn among the northerners.

I think first collectively—of a hundred and sixty souls who have embraced this message in Newcastle, Gateshead, Blaydon, Wallsend, North Shields, and South Shields, the greater part of them remaining true to this day. Again I think, and this time of the individuals who have been saved by the message, saved from all the vices and sins common to humanity in this land of ours, saved from the many delusions of Satan, saved from the discouragement and despair associated with modern life. I think of faces lit up with holy fervour and the blessed hope; I think of willing hands to aid in our campaigns.

I think, too, of some who have fallen asleep in Jesus, made ready for the Master's call.

Yes! It has been worth while that I have spent eight years of service for the Master here. My last week has brought me not distress and discouragement but a great and wonderful inspiration! We have a marvellous message that transforms human lives and moulds according to the divine pattern all who heartily accept it, and it is sure to find a response sooner or later in every earnest and sincere seeker for truth.

I am deeply grateful to Him Who has caused such fruit to abound to His glory, and also for the consecrated workers that have from time to time been associated with me in my labours.

It is with a willing resignation, and abounding hope and confidence, that I hand over the care of this beautiful flock to my beloved and faithful brother, Pastor D. Morrison.

And now for Ireland!

F. C. BAILEY.

North England M.V. Camp

WE have just concluded what has been judged by many to be a successful camp, and by some, the best yet.

The favourable weather conditions no doubt accounted in a large degree for the almost complete freedom of the campers from sickness. Everywhere were evidences of buoyant health, especially at meal times, when everybody manifested a practical appreciation of the good things prepared by the matron and her faithful staff of helpers.

As we review the camp period, from the time of arrival on the camp ground of the advance party, to the very last moment occupied in getting clear of the field, one outstanding impression prevails, a definite conviction of God's overshadowing care and help.

In addition to this assurance of divine help we were considerably relieved by the assistance of the camp counsellors, Brethren Dorland, Goodall, Lennox, and White, and the matron, Nurse J. Handysides. Too much cannot be said of their splendid co-operation in caring for our large family.

Altogether some 125 persons were associated with the camp in the course of its ten days' programme, representing more than twenty societies. One hundred were under canvas during all or a part of that period. The great majority were with us all the time. A dozen or so others lived outside and were entertained at the camp for most of the meals, and another dozen, including some of the Scarborough company and holiday visitors to the nearby resorts, visited the camp during the week-ends and shared in the devotional exercises of the Sabbath. At one of the social gatherings, a few strangers from adjoining camps dropped in, and we hope they carried away a good impression from the happy society of our young people. Besides the witness to the truth we were able to give to trades-people and others with whom we did business, a special drive was voluntarily carried out by a number of the young people with between 300 and 400 tracts, which they distributed among the neighbouring thickly-populated encampments of tents and caravans. Along with the tracts, an invitation was given to attend an open-air meeting, which was held on the first Saturday evening on the cliff top, and to the service the following evening which was conducted by Brother Lennox in the marquee.

A number of oral and written expressions have been made in praise of the devotional features of the camp, especially as regards the Sabbath services. The first Sabbath passed very happily. Pastor W. Murdoch occupied the desk for the morning service and delivered a stirring appeal to the young people. Pastor O. M. Dorland led out in the afternoon in a praise and testimony meeting in which a good number took part, and the day concluded with the inspiring open-air service, conducted by Pastor F. W. Goodall, assisted by other speakers, including Brother Gordon Clee of the Leeds society. The second Sabbath was similarly occupied, the morning speaker on that occasion being Pastor C. V. Anderson, whose stirring message was the climax to a

series of addresses he had given in the course of the morning worship following each breakfast period for the three mornings previous. In the afternoon, Brother Dorland ably dealt with a score or two of written questions which had been placed in the box by campers.

Some of the days were occupied by outings such as to Filey, Bridlington, the Scarborough Castle, and across Scarborough to Peasholme Park. One memorable afternoon was devoted to a bracing sea-trip up the coast to Hayburn Wyke and back, covering two hours.

Many and varied were the experiences that might be recorded and much might be said of the willing help that was rendered by all, as day by day, young men were told off to act as water carriers, and maidens to help in the kitchen. Parents would have revelled in the sight of their lusty sons and daughters entering so heartily into the efforts to provide for the comfort and happiness of one another. We were not surprised by our observations amid the leave-taking at the end of the camp to notice the firm and long handshakes, indicating that some real friendships had been made or strengthened as the result of the camp associations. May the Spirit of God continue to brood over the lives and activities of our dear young people as they have returned to the "daily round and common task," using them all in His service, and if it is His will, bringing them together again in some pleasant spot next year.

We would like to take the opportunity of mentioning also the good services rendered by Brother E. E. White, as the musical director, and also those of Brother John Thorp, his assistant. We feel, too, that we ought to mention the practical and kindly interest shown by Brother E. Merchant, The Stanborough Press Ltd., The Stanboroughs Hydro, and Auntie Pearl of the Children's League of Health, in offering the following prizes respectively:

1. For the best photograph of the camp as a whole, or individual tent.
2. For the best snap of camp life.
3. For the best-kept tent.
4. For the best essay by a junior on the subject of "Why I Like Camping."

In the case of No. 3, which was divided between the seniors and juniors, Tent No. 7, superintended by Miss G. Hanson of York, secured the prize among the seniors, and Miss Tesh's tent (the junior girls) was awarded the junior prize. The rest of the competitions have yet to be judged.

J. H. PARKIN.

Advertisements

WANTED immediately, strong young woman, interested in cooking, to assist chef. Apply, stating age and experience, to The Manager, The Stanboroughs, Watford, Herts.

SITUATION urgently needed, where Sabbath can be kept, by young man willing to do anything, greenhouse work preferred. Write in first instance to Mr L. D. Vince, S.D.A. Church, Pottergate, Norwich, Norfolk

SUNSET CALENDAR

	London	Nott'm	Cardiff	Edin.	Belfast
Sept 15th	7.16	7.21	7.29	7.32	7.42
Sept. 22nd	6.59	7.4	7.12	7.13	7.24

What's in a Name?

It seems, and more so to the younger generation considering that they have probably never handled a gold piece, that it was in the dim and distant past when gold coins were in circulation and used as freely as the ten- and twenty-shilling Bank of England notes are to-day. When gold was carried loose in the pocket—aristocratic days those—or tied up in those soft, curiously-fashioned leather bags with the opening in the centre, the coins falling to each side and the aperture carefully closed with strings securely tied: as a youngster we used to hang these on our finger and think it looked like a bloodhound's ears—they were weighty, lordly days.

Ten- and twenty-shilling paper money was quite rare before 1914. But during the war gold was withdrawn and substituted by treasury notes signed by the Secretary of the Treasury, Sir John Bradbury. The word "Bradbury," denoting £1, became a term firmly established in the national vocabulary. Sir John was succeeded in office by Sir N. F. Warren Fisher whose signature became equally famous. Yet "Fishers" and "Bradburys" were merely token money and had no intrinsic value.

We may well ask ourselves, "What's in a name?" Many foods are bought that have catchy, suggestive names, but does the consumer get full value? In many cases, no, not because the article lacks bulk or attraction, but because it is devitalized.

It was because of this state of affairs that we began to prepare foods. Foods that were different in conception and manufacture. To describe them we used a term that has now become so general in use as to describe all foods that attempt to conserve all the natural elements in foods, and in some respects, some that do not. The term *Health Foods* was introduced by us in 1897 to describe certain unique and valuable products.

By *Health Foods* we mean:

"Foods which supply the actual and manifold needs of the human organism, so that muscle, bone, and nerve can be built up out of the best material.

"Foods that have no indigestible or undesirable elements in them

"Foods that are perfectly cooked, easily digested, and suitable alike for young and old, the sick and the healthy."

To-day we stand by the above definition formulated by the pioneers in the health food work. During the manufacture of GRANOSE and SUNNYBISK, to take but one branch of our activities, we faithfully conserve all that Nature has placed in wheat. The germ of the wheat, the bran, and the mineral salts are all retained, the only difference being that by our special process we make the wheat berry easy of digestion, so that it can be rapidly assimilated by the body and turned into energy.

Many cereal foods are classified under the term "health foods" which are somewhat devitalized because important parts of the grain are taken away to improve the appearance of the food. But when anything is taken away, something vital that the body needs is lost. When you eat GRANOSE Health Foods, you eat real, natural food. Do not be misled by appearance, flavour, or a happily-phrased name and description. GRANOSE Health Foods build up the health, and after all, as Martial has expressed it, "*Life is not to be alive, but to be well*"

G.F.L.

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EDITOR:

A. S. MAXWELL

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