



## The Autumn Council

By W. E. Read

It was a great privilege to attend such an important Council as was held recently at Battle Creek. It was the first time for many years that any representative from the British Union had attended an Autumn Council of the General Conference. As one moved in and out among our leaders, who had come together from the ends of the earth, one could not help but feel the benefit of closer contact with our world work. In fact, in these times of perplexity and of increasing administrative burdens, it becomes imperative that the leaders of God's work come together frequently for counsel. The problems of the work in all the world in many ways are much alike, and we need prayerfully and sympathetically to study the difficulties confronting the progress of the cause of God.

Year by year, in North America the Union presidents, as well as every local conference president, together with the General Conference officers and others who might be called in, join in a special season of devotion and counsel, particularly with reference to the needs of our rapidly-expanding work in every land. It is at the Autumn Council that the appropriations for the following year are made. In order to make available the necessary funds, careful study has to be given to how these funds can be raised. This involves the entire leadership of the Advent movement,

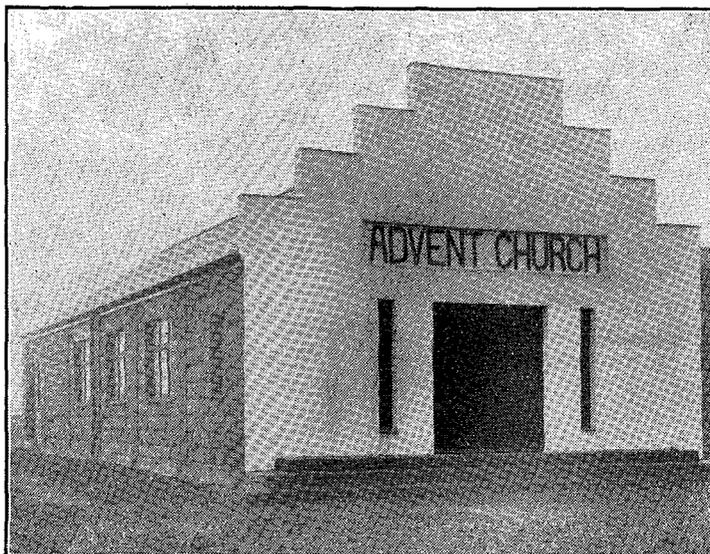
for it is only by the co-operative effort of all concerned that the work in needy fields can be built up.

We have a wonderful system in our work whereby one field helps the other, even before the helping field is really self-supporting. This is the plan with our Sabbath-school gifts and with our other mission offerings. Many years ago the brethren in other lands made available mission offerings to start the work in the British Isles, and now, before we are actually self-supporting, we are sending on our mission funds to help get the work started in other fields.

About 350 delegates from all parts of the world field came together at Battle Creek for the Autumn Council. The Council proper was preceded by four conventions, from seven to ten days being spent in a study of various departmental problems. The Missionary Volunteer secretaries came together for

counsel; then the principals of our colleges and educational secretaries gave study to their problems; the publishing men spent time in convention work, and our auditors and business managers had a very helpful season of counsel.

It was a joy to greet so many old friends, especially those who had worked in our own field during the years. Pastor C. H. Watson sent his greetings to all our believers in the British Isles.



The new Advent Church recently dedicated at Carlton Colville in East Anglia

Brother W. A. Spicer, whom we all know, wished to be remembered to so many. Then we were glad to meet Brother E. E. Andross, who was our Union president many years ago; also Brother M. N. Campbell, who worked here in the same capacity about sixteen years ago. Dr. Ruble, Dr. Olsen, Sister Plummer, Brother Wellman, and many others wished to be remembered to all.

Attendance at such an important council leaves many impressions upon one's heart and mind, and I would like to mention three things which particularly impressed me at the meeting.

### 1. *The spirit of co-operation.*

This was particularly noticeable in the Finance Committee. The work of this body of men was not so much to dispense funds as to study ways and means of making funds available for the appropriations for 1935. Prior to any meetings of the Finance Committee, I had had excellent opportunity of talking with the Union presidents, and also with quite a number of the conference presidents from North America, with reference to conditions in their respective fields. On one side, one heard of the great drought which had obtained in a large area, particularly in the Central States. On the other, one heard of the difficult situation in the South Land, the place where so much cotton is grown. Then again, on all sides one learned of the large number of unemployed—eight to ten millions, we are told—in a country the population of which is roughly 100,000,000 of people. Then again, we find that a large number of conferences had been compelled, due to economic conditions, to reduce their force of workers, so that they had no Bible-workers to connect with their evangelistic efforts. Furthermore, we found that most of the evangelists were carrying forward their work without evangelistic budgets. Those that were granted were very few, yet the remarkable thing is that, with all the difficulties and the lack of facilities, last year witnessed the largest ingathering of souls they have ever had on the other side of the Atlantic.

When we came to the Finance Committee, and the question of increasing the various offerings for 1935 was discussed, one never heard a word of the difficulties just mentioned. There seemed to be one consuming passion, and that was how to carry this message to the ends of the earth and to do it in this generation. There was manifest a willingness to sacrifice, a willingness to get along with meagre facilities at home, if only by sending out their mission gifts the work in every land might be established, and the coming of Jesus be hastened. This kindly spirit of co-operation, this willingness to go without for the sake of others, made a deep impression upon my heart and mind.

### 2. *The spirit of courage.*

Everywhere one turns to-day one hears of depression, economic difficulties, tariff barriers, and it is so on the other side of the Atlantic as it is here. The papers over there were full of such expressions, but it can truthfully be said that, while there was evidence of depression all around, there was no spirit of depression at the Council. I have never

been at a meeting where there was manifest such a spirit of courage and confidence in the finishing of God's work. Everybody talked it; you heard nothing else. The missionaries who came from distant lands talked it; everybody took up the strain: The work must be finished; God is depending upon His people! This is the hour, and we must press in as never before, and be faithful to our God-given trust.

### 3. *The spirit of advance.*

During the past four years we have not been able to extend our missionary lines as we had hoped. The peculiar conditions in the world, and lack of material resources, have made it necessary for us not only to reduce appropriations, but to effect strict economy in every line. Careful study has been given to holding what we have, even though we could not advance into new territory. The feeling at the Council, however, was that, notwithstanding difficult times, the hour had come to go forward, to plant the standard of truth in hitherto unentered lands, and to proclaim the message to the far corners of the earth.

Reports came to us from various divisions that several mission bodies had been compelled, in some instances, to withdraw their forces, to close down various mission stations, and to cease work in certain areas. It was a cheering thing, however, to know that every outpost we were occupying four years ago we were occupying to-day. The Advent movement knows no unbroken lines; there has been no retrenchment, and while we have not been able to press into new areas, we thank God that we have been able to hold what we have, and not have to turn back.

It is impossible in the limits of this article to pass on any of the thrilling reports which came from the various fields. But the reports brought to the Council show unmistakably that the time of the latter rain is here, and that we have come to the hour when God is already pouring out His Spirit, and large numbers of believers are being won to the truth.

Another very cheering feature was the report concerning the work our churchmembers are doing. In North America, last year, fully 100 public efforts were conducted by our lay-brethren. Doctors, dentists, men engaged in business and in other lines of service conducted series of meetings. This was done in counsel with the local conference, and the Lord blessed in a wonderful way. Some have been used of God to gather in twenty, thirty, forty, and, in one case, sixty believers to the Advent message. May God speed on such self-sacrificing effort, and may others join the ranks of such self-supporting work. Brethren and sisters, the hour calls for deeper consecration to the service of our blessed Master; it calls for more fervent, more earnest prayer, not only for ourselves, but for those for whom we labour. It calls for more faithful witnessing to the wonderful message God has revealed to us. May we be true and faithful, and at last hear the "Well done! good and faithful servant, . . . enter thou into the joy of thy Lord."

# Yet Another Jubilee

By A. S. Maxwell

MANY of our people may not be aware of the fact that 1934 is not only the Jubilee year of *Present Truth*, but also of *Catholic Truth*.

At the very time when some of the pioneers of the Advent movement were preparing the first issue of *Present Truth* in a private house in Grimsby in 1884, another group of four men, in the private house of James Britten, clubbed together to make up £12 in order to issue the first pamphlets of the "Catholic Truth Society."

It is interesting to notice some of the methods adopted by the Roman Catholics to celebrate the Jubilee of their society. In the *Universe* of November 2nd the suggestion was made that on a certain Sunday every Roman Catholic in the British Isles should do his utmost to circulate the society's publications.

On that day its golden jubilee will be observed throughout the country by our making special purchases at the church doors of the Society's pamphlets for ourselves and for distribution to others.

The editor continued:

Not the increase of membership, though this is wanted, nor the opening up of new fields of operation, but just the widest dissemination of the Society's publications that can be accomplished in one day.

Then followed a quotation from Cardinal Vaughan, the Catholic Truth Society's first leader; which sounds like a message from the president of our General Conference:

Here there is a work for every one; for one who can write, ten thousand can subscribe, and a hundred thousand can scatter the seed.

One of the important results of a wide circulation of literature, sometimes forgotten by our own people, was then pointed out:

The more copies of a pamphlet are sold, the less proportionately becomes the cost of its first production, and the more money is released for further work. A set of pamphlets that sells only slowly, even though surely, may tie up £200 or £300 for years, and however important they may be, the production of further issues of the kind has necessarily to be suspended or abandoned.

In the course of the article, the editor reviewed the work done by the Catholic Truth Society during the fifty years of its operation:

It is the Society's splendid record to have distributed during its fifty years' work some thirty-seven millions of pamphlets. Last year alone the distribution reached 1,331,311 pamphlets, 21,761 books, and 203,700 leaflets.

"We ask our readers," continued the writer, "to

make the Jubilee of the C.T.S. the occasion of a new and greater forward movement."

Surely we Seventh-Day Adventists should not come behind the supporters of the Catholic Truth Society in energy, zeal, and enterprise. We may not have the same large constituency behind us, but we do have a willing people and a consciousness of the possession of a great and urgent message for this hour.

We are still in the Jubilee year of *Present Truth*. Could we not decide that we will crown its celebration by making December the greatest month in the history of our publishing work in the British Isles? Could we not by a very special effort distribute the largest number of tracts, pamphlets, and books of every description during the closing days of the year and, of course, give *Present Truth* the best circulation it has ever enjoyed?



## Isolated Members and "Week of Prayer"

ONE kind and thoughtful brother sent along a "Week of Prayer" *Review* to an isolated member and so great were the blessings received that he would not have missed them for anything. How he did appreciate this act of consideration for another. Perhaps when the next Week of Prayer comes round there will be others who would be willing to do likewise. Or maybe you could send your *Review* regularly through the year to some isolated brother or sister who is not fortunate enough to be able to subscribe for it.

The isolated members are not privileged in the same way as the local churchmembers, so do all you can to help and inspire them. They are sometimes needing just what others can do for them by such acts of kindness. H. D. HOWARD.



## Back Numbers Wanted

WE would like to obtain copies of THE MISSIONARY WORKER, 1902-1907. Reasonable price will be paid. Write to the Editor, Stanborough Press Ltd., Watford, Herts. A.S.M.



## Change of Address

THE address and times of meetings of the Wood Green Church are now as follows: Wood Green Mission Church, Northcott Avenue, Bounds Green Road.

<i>Sabbath</i> : Sabbath-school .....	11.00 a.m.
Children's Meeting .....	2.30 p.m.
Preaching Service .....	3.30 p.m.
<i>Sunday</i> : Preaching Service ..	6.30 p.m.
<i>Wednesday</i> : Prayer Meeting .....	8.00 p.m.
<i>Friday</i> : Y.P.S. ....	8.00 p.m.

# South England Conference

*President: Pastor H. W. Lowe.*

*Office Address: 395 Holloway Road, London, N.7.*

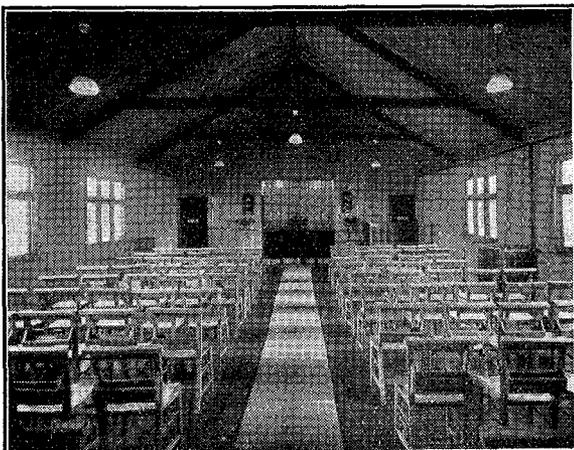
## Notes from the President

ON Friday evening, November 23rd, Pastor W. G. Murdoch, representing the British Union Conference, was with us at the opening service of the Advent Church, Carlton Colville, near Lowestoft. Pastor Murdoch's address brought great blessing to the congregation which filled the building. The following evening the writer addressed a similar congregation, and it was a great joy to think that this building had been erected, paid for, and dedicated to the glory of God in a town which has never before heard the preaching of the Advent message. On the Sunday evening following the dedication Pastor R. S. Joyce commenced the first service to be held in this town. It is a small town of some 6,000 inhabitants, and both the lord of the manor (who was present at the opening) and the rector have wished our workers God's blessing.

It is interesting to note that three churches (Yarmouth, Lowestoft, and Carlton Colville) have been dedicated within the space of two years in East Anglia. The one desire of the new members in these areas seems to be to press on with the preaching of the message and the erection of places of worship in all the adjacent towns. The church in Carlton Colville is small, seating from 170 to 200 people, but it is an admirable place of worship, and we pray that God may raise up a strong church of believers there.

### CAMPAIGN NEWS

PASTOR R. A. ANDERSON reports that he has the best interest that he has ever had in his experience, and has some 700 names with which to work in the Chiswick area. It is quite a problem to know how to handle such a large interest, and the workers will need much grace to reap the harvest that seems to be ripening all around them.



*Interior of the new church building at Carlton Colville.*

PASTOR C. A. REEVES has built up his congregation to about 900 to 1,000 people, and has some 400 names, which is a very gratifying thing when one considers the fact that the meetings did not begin in a large way.

PERHAPS we should pray even more for those interests which, being necessarily small, find the workers confronted with various obstacles. Among these we would mention for special remembrance Brethren Bevan, Watson, Howard, and Hardy.

### MISCELLANEOUS

WE have been very pleased to note the manner in which our members have supported the cause as we have approached the end of another year, and we trust that this faithfulness will continue to the end of the present quarter. We should conclude the year by having all our hearts right with the Lord and all our business matters straight before Heaven.

MAY God bless His dear people and keep them ever zealous in the greatest cause on earth!

H. W. LOWE.

## Special Notice to Campers

You will be glad to know that the South England Conference Camp Committee has arranged for a Senior Campers' Reunion Social to be held in London on January 2, 1935, at 6.30 p.m. We should like as many of you as possible to be present on this occasion, so if you are a senior camper, and have not yet had an invitation from the Committee, please write at once to us at 395 Holloway Road, and you will receive an official invitation. Please bring this along with you to present at the door.

H. T. JOHNSON.

## SCOTTISH MISSION

*Superintendent: Pastor L. Murdoch.*  
*Office Address: Broomage House, Larbert, Stirlingshire.*

### The Health Message in Scotland

DURING the month of November we were greatly favoured in Scotland by having a visit from Dr. Nelson of The Stanboroughs, Watford.

His lectures in Glasgow, Edinburgh, Aberdeen, and Dundee were much appreciated by all our members, together with many interested people. Although we are far separated by distance the doctor by means of his films transplanted us to the beautiful surroundings of Stanborough Park, where we inspected our new hospital and the sanitarium together with the factory where our Health Foods are prepared, and also the wonderful establishment where the *Good Health* magazine is printed.

We spent a delightfully instructive hour together, and our members were surprised and pleased beyond measure as the majority have never seen our institutions before, and they all felt happy to be connected with such a wonderful work.

The time has come for us to go forward with our health message in Scotland, as there seems to be a greater interest in health reform than ever before.

Sister Robertson in Moffat, and Brother and Sister Murphy and Mr. and Mrs. Millar in Crieff have done a great deal in this respect already, but we should have many more institutions of this kind.

Our medical students in Edinburgh and in Glasgow are in the midst of their studies again and making very good progress indeed. They have set themselves a very large task. Let us remember them all in our prayers that God may bless them and give them success in order that they may fit themselves to help forward this important phase of the work.

In a few years, under the blessing of God, we may see our doctors establishing strong health centres in many of the large towns in the British Isles. Let us all pray and work to this end.

L. MURDOCH.

→ → →  
**Specially Good Sabbath Literature for Correspondence**

To convince your friends of the Sabbath truth send them a copy of "The Sign of Loyalty." (Price 1d.) To those who are convinced, yet lack faith to step out, send "Can I Keep the Sabbath?" (Price 2d.) Both of these are full of helpful information.



**Good News for Young People**

Commencing January, 1935. A special course of Bible Study for three months comprising twelve lessons

Outline lessons in booklet form will be used and are already in preparation (cost 3d. per set)

A Bible Question game consisting of ninety questions and answers has already been prepared for use with this course (cost 1/- each, plus postage).

A unique test at the close of the course will be both interesting and fascinating as well as a test of your knowledge

Following this will be a short course on Practical Missionary Activities for Young People, and at the close of the year a special three months' course on "The History of the Advent Movement."

Enrol now and prepare for a year of progressive study and service

Certificates will be given to all who complete these courses, which have been specially arranged in connection with the M.V. Study and Service League

All particulars from your conference  
 M.V. Secretary.

*Be Prepared!*



**At Rest**

**ROSKRUGE**—Mrs Anna Maria Watkins Roskruge was born in St Johns, Antigua, British West Indies, on November 5, 1850. She fell asleep in Jesus in London, England, after a very brief illness on Sunday, November 18, 1934, at the age of eighty-four years and was laid to rest by Pastor H. W. Armstrong on Wednesday, November 21st, in the City of London Cemetery, Manor Park, London. Sister Roskruge, or "Auntie" as she was affectionately known to so many even beyond the family circle, was one of the very first to accept the truth in London. It was in the year 1887, when Sister Roskruge was staying in London on a visit from the West Indies, that Sister Hetty Herd (afterwards Mrs Stephen Haskell), calling from house to house offering to give Bible studies, found her an active member of the Church of England. She accepted the message and immediately began to give it to others, one of them being Pastor W. T. Bartlett. After being baptized by Elder Stephen Haskell, she returned to the West Indies in 1888—the first Seventh-Day Adventist on the islands—and through her labours many were soon won to the truth. For nearly twenty years she enthusiastically assisted the early ministers in the Leeward Islands.

In 1907 Sister Roskruge came again to London, England, with the eldest five children of her brother, John Alexander Madgwick, and was joined later by the four younger children. She lovingly nurtured her nephews and nieces in the message and unselfishly cared for them as they received their education. Sister Roskruge rests but her work remains a living memorial of her consecrated and successful life. Three of her nephews are now doctors—George (of East Africa), Rupert and Reginald (of London); two are engaged in dentistry—Alva (a dental surgeon practising in Ilford, Essex) and Stanley; and one is a minister at present labouring in Nottingham. Of her three nieces two became nurses—Kate (now Mrs. Edwin Living) and Gertrude (now Reception Sister of St. George's Hospital, London)—and one, Ruth, a teacher.

Sister Roskruge's life truly was very full and fruitful. To the very end her intellect was keen and body active in the cause she cherished so dearly. She was greatly beloved and will be sorely missed not only by the members of the Forest Gate Church, of which she was a member for over twenty-seven years, but by members and friends far and wide.

H. W. ARMSTRONG  
 W. R. A. MADGWICK.

**WEST**—It is with deep regret that we record the death of our beloved Sister West, who, after a short period of patient waiting, passed away peacefully on October 31st, age eighty-seven years. She was laid to rest in the Surbiton Cemetery, Surrey, on November 5th, the funeral service being conducted by Pastor C. A. Reeves. It is understood that Sister West first came in touch with the message about thirty-seven years ago at Wimbledon, and was baptized by Pastor Meredith about twenty years ago. About eight years ago she and her husband removed to Northampton, returning a few months ago to Surbiton, Surrey. She was a cheerful Christian, and her hope was bright in the soon-coming Saviour. Of her it may be said:

"Life's Work well done,  
 Life's Race well run  
 Life's Crown well won.  
 And Now comes Rest."

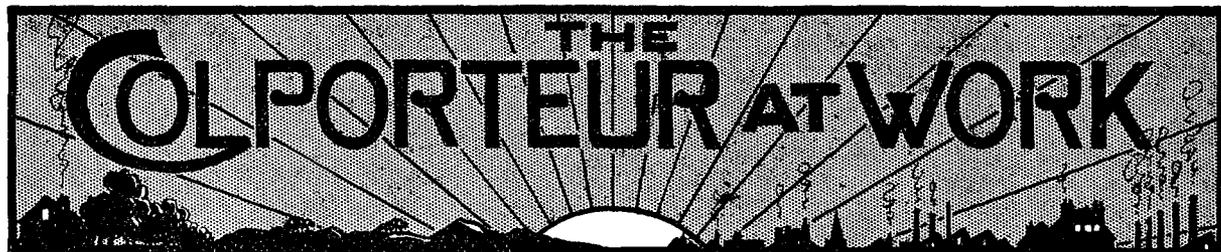
She leaves a husband, a true partner, and children to mourn their loss.  
 H. W. ARMSTRONG.

**MALTBY**—Sister Sarah Annie Maltby fell asleep in Jesus on November 26th at the age of fifty-one years, and was laid to rest in the Mill Road Cemetery, Cambridge, by Pastor A. K. Armstrong in the presence of a large gathering of relatives and friends, including the Ex-Mayor and Mayoress of Cambridge. Our dear sister has been a faithful believer in the blessed hope for many years, and although her sufferings were great she bore them all with patience and held firm to the promises of God. With her sorrowing husband we share the comfort and joy of our soon-coming Saviour and the glorious resurrection morn.  
 PHYLLIS M. PORTER, Church Clerk

**PHILIP**—Sister Martha Philip, for twelve years a faithful member of the Edinburgh Church, passed away in hospital at the age of seventy-three and was laid to rest on Wednesday, November 21st, in the Eastern Cemetery. Sister Philip was of a quiet disposition and had been in feeble health for the past two years. Pastor L. Murdoch conducted the funeral service. We believe she sleeps in Jesus awaiting the call of the Life-giver, who will soon come to call His waiting children. We tender our heartfelt sympathy to her sister and other relatives who mourn their loss.  
 J.S.

**BETTY**—Miss Mary Elizabeth Baron Haynes Betty accepted the truth at Bristol in 1910, under the labours of Pastor W. H. Meredith. She passed away, in her fifty-sixth year, at Axbridge, Somerset, on November 16th, in the early hours of the Sabbath, after a comparatively short but rather painful illness. Toward the last she was eager to go, and happy in her confidence in her Lord. Her life had been lived for others, either as nurse or companion, and we feel sure that, in the glorious resurrection, we shall meet our sister again. We laid her to rest, at Burnham-on-Sea, on November 21st, in the presence of her near relatives, two sisters and a brother, and her friends.

HAROLD W McCROW.



### Customer's Co-operation and the Departure

TAKE only bona-fide orders "When you are here again I will possibly buy one," is a frequent response from prospects, and is likely to animate the inexperienced colporteur with a false hope. Give no credence to such promises, for they are usually of little value. A definite decision is what you want, else you cannot count on the order.

It is well to use some other expression than "sign" when offering the prospectus to the customer for his signature. "In deciding for this fine work, Mr. Prospect, I believe you have chosen well. If you will just enter (or place) your name here, under that of your friend Mr. Smith. Thanks . . ."

The colporteur should thank the buyer, but not over-effusively. It is better to commend him on his wise choice, as just mentioned, and then to thank him for the interest he is taking in the work you are doing, rather than for the order he has given.

Do not stage a dramatic silence while the prospect is in the act of signing. Maintain a steady flow of conversation, unhurried and very friendly.

Having now obtained Mr. Prospect's signature, and casually replacing your prospectus under your coat, guide the conversation into other channels. Tactfully secure your customer's co-operation in preparation for the calls you are going to make on the next prospects. Perhaps he has friends who will be interested. Be careful not to stay too long, of course, for your interview has probably lasted the best part of half an hour already. But it is quite likely that your customer will want to help by suggesting others upon whom you should call. Take note of these, and of any useful information he gives you concerning them.

It is good to secure a cash deposit on the order. As substantial a one as possible. Better still is the full amount. Do not ask abruptly for this advance payment. Showing the amounts set down opposite the names of other subscribers in your prospectus, you can say, "Many, as you see, prefer to make a deposit with the order, Mr. Prospect; no doubt you would care to do the same." Where obviously the person is in a position to afford the full price of the book on the spot, this can often be secured by using the following method. "It is possible you will be out when I call with your copy. I can give you a receipt now if you like and then I will hand your book to the maid." Many are glad to fall in with the suggestion. Your whole bearing and straightforward dealing has so impressed that there is perfect confidence in you. Be sure to do nothing that will shake the subscriber's trust in your honesty.

You must also be there with his book as promised.

Some colporteurs prefer to use an ordinary receipt form instead of the guarantee provided by the publishing house, but the point is that you should hand a receipt for the amount paid. Be business-like.

Effect a graceful exit. Mr. Prospect will probably conduct you to the door. Be the same Christian gentleman in making your departure as during all the course of your visit. As he watches you leave the house, do not turn your back on him too readily. Smilingly withdraw, still facing him as you step backward a few paces. Then as he closes the door, leave the premises briskly, at the same time offering a silent thanks to God for His goodness and asking Heaven's benediction on the home you have just left.

And remember. If you have made the perfect sale, this departure is not the finish. It is the beginning of the next transaction to be made by the succeeding colporteur-evangelist who comes along with a still later book.

B. BELTON.



### To the Ambassador's Wife

Now that Japan is figuring so much in the news from the East it is of special interest to hear that Miss V. M. Warren has been canvassing Lady Lindley, the wife of His Majesty's Ambassador to Japan. Lady Lindley purchased a copy of one of A. S. Maxwell's books for the bairns. May Sir Francis find delight in reading these *Bedtime Stories* to his children! Well done, Miss Warren!

From a letter sent by a worker in Japan, we learn that one of the largest booksellers in that country is displaying the English *Bedtime Stories*.

Another firm, Showa Shoten, of Tokio, have recently sent to us for five copies of *This Mighty Hour*. Our own publishing house in Tokio is negotiating with the British Publishing House for permission to draw from portions of *This Mighty Hour* for translation into Japanese.

A.W.



### Colporteurs Please Note!

To those of our friends who make a practice of remitting to The Stanborough Press Ltd. by depositing with the banks, we wish to announce that from January 1, 1935, all amounts should be placed to the credit of The Westminster Bank, North Watford Branch, and not to the Watford Junction Branch, as heretofore.

A. G. RODGERS, *Treasurer*.

### A Grain of Good Health

HAVE you ever thought how easily a squirrel is misled? There are numerous families of these dainty creatures in the woods that surround the factory and during the summer they are very much in evidence, running up the branches, chasing each other, and coming down for food. But when the cold finger of winter touches us, the squirrels go to their homes in the trees, "put up the shutters," and cuddle down prepared to sleep it out. Should, however, the weather turn mild out come the squirrels thinking the spring is here, and begin to eat up their stores of food. After a day or so the cold returns and they go back to their beds, and so on through the winter in and out as the weather changes.

Humans, like squirrels, too, are often misled by appearances in rather different ways, one of the chief of which is food.

The yeomen of Elizabeth's reign drawing a long bow could send an arrow through a barn door at eighty yards range. Their health and strength was built up on a diet that consisted mainly of good wheaten bread and cheese with meat once a week. To-day the order is changed. We live in what we think is greater luxury. The working man gets more meat, tea, and condiments, while home-made bread is a rarity and wholemeal bread is replaced by the popular white bread. But this supposed luxury has brought in its train a harvest of poor teeth, indigestion, rheumatism, anæmia, and general physical degeneracy.

White bread, poor travesty of the good old wheaten loaf! After the parts of the grain are taken away that give the bread its brown colour what is left is mainly starch. The mineral salts have been thrown away with the bran and middlings, and so bones, teeth, nerves, and brain are starved.

As a movement we have almost from our beginning

been teaching the benefits of using the whole of the grain of wheat. Our precept has been followed by example. We evolved one of the most appetizing methods of eating whole-wheat. In GRANOSE and SUNNYBISK not one particle of the wheat is destroyed. The grain is subjected to scientific preparation which breaks up the bran into fine particles so that the mineral salts are easily assimilated by the system during the process of digestion, the bran itself helping to overcome the evils of constipation without causing irritation. The starch granules are thoroughly ruptured and gelatinized so that the carbohydrate content is readily assimilable. The germinating portion of the grain is also retained so that GRANOSE and SUNNYBISK make an ideal food for all.

If you have any trouble in obtaining these products write to Granose Foods Ltd., Watford, Herts

G.F.L.

### Advertisements

WANTED—Good, experienced maid, over 18, Sabbath privileges granted. Write: Mrs. Kay, "Valliscourt," 100 Lowther Road, Bournemouth.

EXCELLENT ORGAN, in splendid condition, 24 stops. Apply: 34 Hazel Gardens, Edgware, Middlesex

### SUNSET CALENDAR

	London	Nott'm	Cardiff	Edin.	Belfast
December 21st .	3.57	3.54	4.10	3.43	4.4
December 28th ..	4.1	3.58	4.14	3.47	4.8

### The Missionary Worker

Published fortnightly on Friday for the British Union Conference of Seventh-Day Adventists by The Stanborough Press Ltd., Watford, Herts.

EDITOR: A. S. MAXWELL  
Copy for next issue—December 19, 1934

Vol. 39 No. 25

December 14, 1934



# Welcome Gifts

JUST IN TIME!  
SEND AT ONCE

SPECIAL PRICE TO MEMBERS



The following beautiful books are available at specially favourable prices by churchmembers

#### For Small Children

Monster Sixpenny Picture Books 11½ inches by 8½ inches. Containing nine large coloured pictures. Eight books to choose from: *The Old, Old Story*, *Jesus Calls Us*, *Lions and Tigers*, *Bob and His Friends*, *Wild Animals*, *Neddy and His Friends*, *At the Farm*, *Field Folk*. Postage 2d. extra.

*Bedtime Stories*: Series 6, 7, 8, 9, 10, and 11, at 6d. each to you. Postage 2d.

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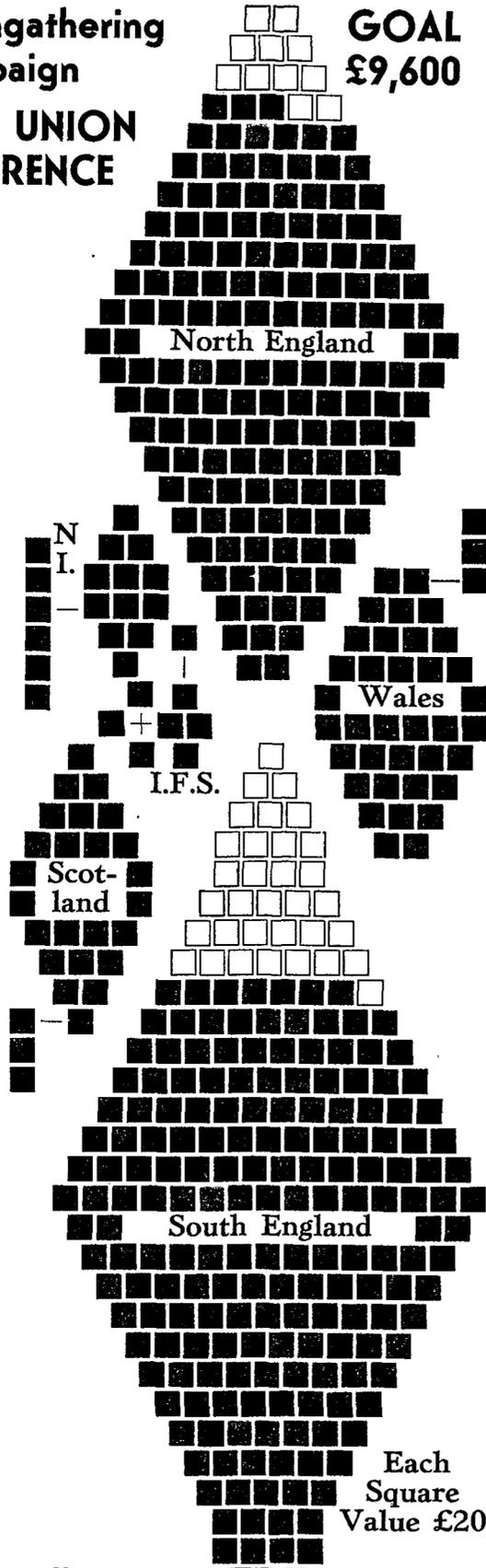
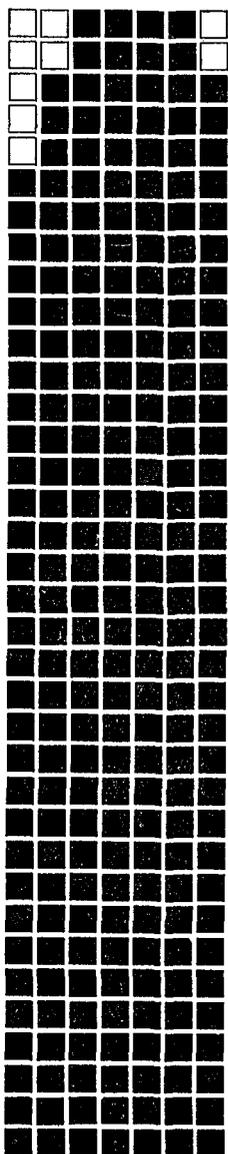
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